









Upwood & The Raveleys Newsletter

December 2017 Issue 93

THE STAFF OF UPWOOD COUNTY PRIMARY SCHOOL get in the mood for the school's 'Heroes and Villains' day – the culmination of the term's topic work.

See page 6 for a write up of the event.



Diary of Events p2 UPA events p5 Curfew Christmas Party p7 Spotlight on the Cross Keys p10 &11

Groups & Societies 7 -9, 12 -17 Who's Who p19 Parish Council p3 & 4 Upwood CP news p6 Cross Keys Golf Day p9 St Peter's Church p14 & 15

Great Raveley Broadband news p17 Views of and from St Peter's p20

DIARY OF EVENTS DECEMBER 2017/JANUARY 2018

Date	Day	Event	Time	Place / Contact		
December 2017						
1 Dec	Friday	Upwood CP School Christmas Fair	3.45pm –	Upwood CP School:		
			6pm	holly321@live.co.uk		
2 Dec	Saturday	Meet & Munch	1pm	UVH: Jan 814393		
4 Dec	Monday	Parish Council Meeting	7pm	UVH: Parish Clerk 812447		
7 Dec	Thursday	UPA: Johnny Coppin	7.45pm	UVH: Doug 814114		
9 Dec	Saturday	Parish Council surgery	2-3.30pm	UVH: Parish Clerk 812447		
9 Dec	Saturday	Ramsey Choral Society concert	7.30pm	Warboys Parish Church: 813562		
11 Dec	Monday	Home to Home Christmas event	7.20pm	Josie: 710702		
16 Dec	Saturday	St Peter's Church: Christmas Tree	10am -	St Peter's: Anne-Marie 812925		
	-	Festival	4pm			
16 Dec	Saturday	10 O'clock Curfew Christmas Party	8pm	UVH: curfew@gmx.com		
17 Dec	Sunday	St Peter's Church: Carol Service	6pm	St Peter's: Anne-Marie 812925		
21 Dec	Thursday	Upwood Ukuleles Christmas	8pm	UVH: Doug 814114		
		Singalong: ticket holders only				
24 Dec	Sunday	St Peter's Church: Midnight service	11.30pm	St Peter's: Anne-Marie 812925		
25 Dec	Monday	St Peter's Church: Christmas Day	9am	St Peter's: Anne-Marie 812925		
		service				
31 Dec	Sunday	New Year's Eve meal & Disco	TBC	Cross Keys PH: Steve 813384		
		@Cross Keys				
		January 2018				
2 Jan '18	Tuesday	Table Tennis club restarts	7pm	UVH: David 812923		
3 Jan '18	Wed'day	Afternoon Table Tennis club restarts	2pm	UVH: David 812923		
6 Jan '18	Saturday	Meet & Munch	1pm	UVH; Jan 814393		
8 Jan '18	Monday	Parish Council Meeting	7pm	UVH: Parish Clerk 812447		
9 Jan '18	Tuesday	Ramsey U3A: talk by Derek Massey	2pm	tandehubbard@tiscali.co.uk		
11 Jan '18	Thursday	UPA: Granny's Attic	7.45pm	UVH: Doug 814114		
15 Jan '18	Monday	RDGC: 'Cacti' - talk by Barry Gayton	7.30pm	Ramsey CC: Ian 710702		
17 Jan '18	Wed'day	WEA: 'from Barber surgeons to the NHS' course starts	10am	UVH: Liz 813008		
17 Jan '18	Wed'day	Local History Group: Chris Carr: talk about Boudicca	7.30pm	UVH: Andrew 812447		
29 Jan '18	Monday	Home to Home AGM	7.30pm	UVH: Josie 710702		
30 Jan '18	Tuesday	Quilt Group Christmas meal	12noon	0 VIII 303IC 7 10702		
Forthcoming Events						
9 Feb '18	Friday	UPA: Kathryn Roberts & Sean	7.45pm	UVH: Doug 814114		
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19 Feb'18	Monday	RDGC: 'Changing the world through	7.30pm	Ramsey CC: lan 710702		
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10 March	Saturday	WEA study day: 'Aerial Warfare in World War 1'	10am	UVH: Liz 813008		
15 March	Thursday	UPA: Craobh Rua	7.45pm	UVH: Doug 814114		

Deadline for February 2018 Newsletter is 15 January 2018

PARISH COUNCIL



A meeting of the parish council was held on Monday 6 November 2017 at Upwood Village Hall.

The parish council is holding surgeries on the second Saturday of each month at the village hall, there will be one on 9 December from 2pm until 3.30 pm. This is an opportunity for residents to meet with councillors to discuss their issues and concerns in a less formal setting than a full council meeting and without a time limit.

Councillor Howe informed members of his decision to resign from his position as a cabinet member of Huntingdonshire District Council and thus also as deputy mayor of Cambridgeshire and Peterborough Combined Authority. He will continue to serve as a district and parish councillor until May 2018 and thereafter as a parish councillor.

Councillors approved the three year business plan and budget, and whilst mindful of the impact on residents, agreed to raise the precept by £2,000 to £25,000 for 2018/2019 to provide a total income of £27,024. The shortfall of £16,238.23 will therefore be covered by the parish council's reserves which are forecasted to be approximately £39,000 by the end of this financial year.

The three year budget and business plan is attached to the draft minutes and is available to view on the noticeboards or on the parish website. In summary:

- The parish council has to budget for a fee of £1520 should the 2018 election go to poll (this is a statutory requirement). Additional councillor training is inevitable following the election.
- The budget allows for replacement of the clerk's laptop, first purchased in 2012, when it becomes necessary.
- The parish council has resolved to extend the scope of its internal audit.
- The budget allows for a 3% increase to staff costs. Two members of staff are employed by the parish council under nationally agreed terms and conditions.
- Additional investment in the parish newsletter was agreed.
- The parish council continues to invest in parish maintenance. Additional work has been authorised to the churchyard, the cemetery and to the allotments.
- The parish council is required by its insurers to budget for the repair of the Bentley Close Play Area matting should it become necessary for safety reasons. £2,500 is held in the budget each year for this purpose. Repair and maintenance to the play area is becoming increasingly frequent and more expensive. Councillors agreed to allocate £2000 in its budget on an annual basis with a view to accruing funds over a period of time to maintain and update the play area.

- It is predicted that the cemetery will be full within approximately 20 years. Councillors agreed to allocate £2000 in its budget on an annual basis with a view to accruing funds to extend cemetery provision in the future.
- £1000 per year has been allocated to facilitate further work on the community led plan (CLP).
- Every effort will be made to reduce expenditure next year to avoid calling upon reserves to the extent mentioned above. Priority will be given to reducing costs for the play area by seeking grant funding and all attempts will be made to mitigate the cost for new cemetery land.

The parish council is pleased that £2000 of its bid for £7922.12 to the Ramsey Wind Farm Community Benefit Fund has been awarded enabling the following projects to proceed:

- WiFi costs for the village hall. £28 per month = £672.00 for two years.
- Parish Website Fees. £98.12 for two years.
- At least two of the proposed six "Welcome to Upwood and the Raveleys" parish boundary signs @ £500.00.

Please visit **www.upwood.org** for detailed information regarding the business of the parish council.

Councillor Howard Smith

Upwood and the Raveleys Parish Council

GREAT RAVELEY MACMILLAN COFFEE MORNING



This year's Macmillan Coffee Morning in Great Raveley raised an amazing £1001.01



Organisers Debbie Brown, Helen Nel & Lesley Gee

We'd like to send a huge thank you to the lovely friends and neighbours who support this event each year, whether that's by baking, making,

buying, coffee drinking, cake eating, washing up, setting up, packing away, hanging bunting, blowing up balloons or just by being there!

We must also say how grateful we are to the local businesses and friends who donate some of the wonderful raffle prizes we are so lucky to be able to offer.

We hope to continue for many years to come, so put the last Friday of Sept in the diary for next year!

Debbie Brown



Upwood Village Hall Performing Arts Events Celebrating 10 Years Winter 2017/2018 Programme



Tickets are now on sale for the following concerts:-



Johnny Coppin with Paul Burgess & Dik Cadbury Thursday 7th December £13.00

Johnny, along with multi-instrumentalist Paul Burgess and guitarist Dik Cadbury, brings his popular Christmas show, "All on a Winter's Night", back to UVH.



Granny's Attic
Thursday 11th January £10.00

Granny's Attic are a folk trio who play with verve, energy and their own inimitable style. These three young men are all exceptional musicians, fine singers and play a range of traditional music as well as their own compositions.



Kathryn Roberts & Sean Lakeman Friday 9th February £12.50

Winners – 'BEST DUO' – BBC Radio 2 Folk Awards 2016

Winners – 'BEST DUO' – Spiral Earth Awards 2015

Winners – 'BEST DUO' – BBC Radio 2 Folk Awards 2013



Craobh Rua
Thursday 15th March £12.50

Hailing from Belfast, Craobh Rua are regarded around the world as one of the finest ambassadors of Irish traditional music.

Tickets are not on sale for the following concert yet:-

Thursday 19th April James Hill & Anne Janelle £15.00

Box Office: 07709 930398 / pndmcleod@btinternet.com

UPWOOD PRIMARY SCHOOL



Every single child at Upwood Primary School has been taking part in a 'Heroes and Villains' topic for the whole of the Autumn term. Each class has been learning about a different time in history, for example the Romans, Vikings or World War II, which included exploring relevant 'Heroes or Villains'. Many of our lessons have

been linked to our 'Heroes and Villains' theme, such as cooking food from the time period, creating works of art and writing diaries and stories as if we were living at that particular time.

The children have loved looking at all of the different aspects and linking it all together. To help us to remember the 'Heroes and Villains', the children had a wonderful day, dressed up as their favourite hero or villain. These ranged from Superman and Wonderwoman, to Maleficent and the Joker. Not only did the children all dress up, but also the teachers. (see front page for evidence!) What a super day we all had. Shelley Myles-Gardiner, Assistant Head Teacher



UPWOOD SCHOOL CHRISTMAS FAYRE

Friday 1 December 3.45pm – 6pm
Meet Father Christmas
Face Painting
Carols from Upwood school choir
Grand Raffle
Lots of Festive games
Refreshments
Turkey rolls, hot/cold drinks and festive cakes.

GREAT RAVELEY CRAFTERS TAKE UP OPPORTUNITY OF RETAIL OUTLET

Following the opening of Walnut Tree Designs in Ramsey by Gill and Lindsay Bainbridge some of the 'crafters and makers' in Great Raveley have taken the opportunity to have a range of their designs on the shelves. When you're next in Ramsey why not pop in and see if you can pick up a local, homemade bargain?

MEET AND MUNCH

Meet and Munch lunches started again in October and will continue till January. The Upwood Ukuleles have very kindly offered to play at the lunch on December 2-a great way to get into the festive spirit. The date for the first lunch of 2018 is January 6, after which there will be a break during Lent.

Anyone over 55 years old can join Meet and Munch. Members meet in the village hall on the first Saturday of the month and enjoy either tea during the summer months or a hot lunch during autumn and winter, all freshly prepared by volunteers. Everyone is very welcoming so please don't hesitate to give it a try.

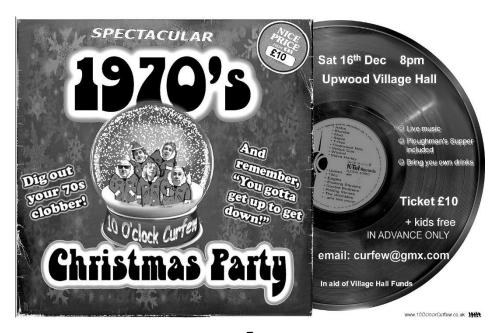
We would also welcome any volunteers who could spare a few hours on 4-5 Saturdays during the year.

If you would like further details, please contact Jan Howe **814393**

Jan Howe

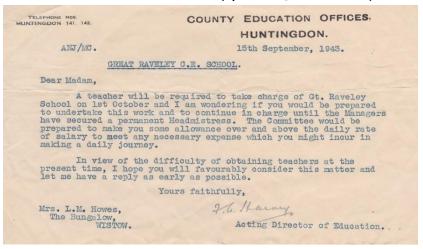
NEW EDITOR

The newsletter team are delighted to welcome Great Raveley resident Lesley Gee to our editorial team. 'Thank you', Lesley, for being willing to give up some of your spare time to help produce the parish newsletter. Hopefully you will enjoy the experience!



HELP NEEDED BY LOCAL RESIDENT

Upwood resident Steve Howes was recently sorting though some old family papers and came across this letter addressed to his aunt. Steve has no idea whether or not his aunt, who had been headmistress of Wistow School, took up the offer to take charge of Great Raveley School and he would welcome any feedback parishioners can give him. Please contact Steve via the newsletter's website. (upwoodnl@hotmail.co.uk)



WEA UPWOOD BRANCH – SPRING TERM EVENTS



'From Barber Surgeons to the NHS' with Mike Muncaster is a 9 week course on Wednesday mornings starting 17 January 2018 at 10.00 am in the village hall. It will be an illustrated and lively course tracing the social history of medicine from medieval times to modern-day. The course fee is £49.00.

Course fees are payable after the first session – so do come along to the first session and see if you like it. Concession fees are available for those on certain benefits – just ask the secretary for information in complete confidence.

STUDY DAY: Saturday 10 March 2018 – 'Aerial Warfare in World War 1' – from aircraft design to zeppelin raids, via munionettes, looking at different aspects of aerial warfare in WW1. Tutor Ian McLachlan returns for another of his popular day-schools. Book early to guarantee a seat. Fee £19, bring your own lunch, tea/coffee & cake provided!

To reserve a space at any of these events, contact the secretary Liz Carter on **813008** or email **liz@backtracks.biz.** All courses are available to book online – visit **www.eastern.wea.org.uk** to enrol. Liz Carter



Summer is over and we are now well into our winter programme.

In October we got 'stuck in' making decorations for our tree ('Heavenly Homes') for the St. Peters Church Christmas Tree Festival on 16 December. Our November meeting was very interesting with Robin Singleton describing her experience of living and working in the Falklands.

We are looking forward to an outing on 11 December when we will visit Ramsey WI to enjoy their drama group's Christmas performance. This will be a 'members only' meeting as transport and numbers need to be known in advance.

Our AGM will be on 29 January when we will be looking back on the success of our experimental year of more DIY group meetings, getting back to our original format when we used to meet in each other's homes (hence our name). Annual subscriptions, of £15, will be due on that day.

HOME TO HOME WISHES YOU ALL A VERY HAPPY CHRISTMAS.

Josie Gaunt

CROSS KEYS GOLF SOCIETY meets for 45th time at their Bi-annual event

36 members of the Cross Keys Upwood Golf Society enjoyed an excellent Autumn Open event at Lakeside Lodge Golf Club on Friday 29 September. A new format included the nine hole par three course for the first time followed by 18 holes split into two 9-hole competitions — one team and one individual event. The golf was followed by a social evening at the Cross Keys, Upwood including a meal and the prize giving.



The winners of the par 3 competition were Alan Rodford, Neil Stewart, Denice Smith and Pete Kozakjwski. A new cup - The Dave Murray Memorial Trophy - was presented to the winners of the Texas Scramble. Dave was one of the founders of society 22 years ago. Members bought the cup in his memory following his death earlier this year. The winners of the Trophy were Carl Jenkins, Kyle Adams, Andrew Peck and

Martin Muir. The winner of the Individual Stableford was Ben Bywater with Paul Evans second and Steve Grimwade third.

Cross Keys Upwood Golf Society hold two golf days a year - in the Spring and Autumn. These are open to local residents and patrons of the Cross Keys for players of every standard and ability with the common factor that they enjoy a good day out. The next event will be held on 20 April 2018

For more information contact Howard Smith on **711999** or email on hjnsuk@btinternet.com

Howard Smith

SPOTLIGHT ON THE CROSS KEYS



Steve May took over the tenancy of the Cross Keys public house on August 1st 2017 and since then trade has been increasing steadily, until it's now difficult to just walk in during a Sunday lunchtime and get a table. So, the editors decided to have a chat with Steve to discuss his first 3 months and what he envisages for the future of our local hostelry.

My first question to Steve when I met him after another busy lunchtime was

'Why the Cross Keys?' He quickly responded that he had had contact with the Cross Keys for a long time, going back to during Kevin and Jane's tenancy. He often stepped in when they went on holiday and had kept an eye on the pub ever since. So, when in August, the opportunity came to run the place himself he 'jumped at the opportunity'. Steve has experience of running his own business from his time in Spain so he wasn't as daunted by the prospect as a lot of people might have been.

Next, I asked how he would sum up the last 3 months. 'Hectic' was his immediate response. 'It has been a real experience, but thoroughly enjoyable. I have had brilliant support from the village and surrounding area, which I really appreciate. The unfortunate fact that other local pubs and restaurants have closed down has also worked in my favour.'

We then moved onto plans for the future, including Christmas. 'I'm getting lots of bookings from local businesses and clubs. Christmas Day is already fully booked, although the public bar will be available for those who would like a festive drink before eating elsewhere.' At the time of speaking Steve

hadn't finalised his plans for



New Year's Eve but these include a fun disco and a set menu for £35 (the table will be yours for the night) or for an extra £10 you can also have brunch on New Year's Day. This brunch will also be available to those who can't spend New Year's Eve at the pub.



Steve has already done guite a lot of work to the outside of the Cross Keys: a white picket fence at the front with the grass area turfed; levelling, re-seeding and sub-dividing the paddock and moving the marquee and the children's play station closer to the building so that parents can keep an eye on their offspring whilst enjoying the facilities offered by the pub. Steve's idea is to turn the paddock into a nice pub garden with friendly welcoming а and

atmosphere, with LED lighting to enhance the surroundings. Some refurbishment will take place in January to lighten the inside of the pub without losing the old charm – Steve's aim is to marry the old with the new.

We then discussed food – a vital factor in today's climate for a pub to stay solvent.

'I am aiming to change the menu every 3 months, maintaining favourites and evolving new dishes. I recently took on a trainee chef on Thursdays and Sundays and am hoping to increase his hours if trade continues to improve. There is a daily 'specials' board and I am introducing a £5 menu in place of the '2 for 1' menu. At lunchtime I am introducing smaller choices such as sandwiches and jacket potatoes. Special offers will still be a part of the choices available.'



Since taking the over Steve has tenancv welcomed feedback from his customers and he still wants to receive comments so if you wish to contact him send an email to blupubs@hotmail.com and Steve will get back to you as soon as he can.

When asked if he wanted to

add anything to what had been said Steve concluded our talk by saying 'Thank you to everybody for all their brilliant support, I couldn't have asked for more. Without the support of the village and surrounding area the whole venture would not have been the success it has been. My aim is to keep improving the experience for everyone who comes to the Cross Keys.'

RAMSEY CHORAL SOCIETY

Musical Director's Farewell Concert

Ramsey Choral Society's Christmas Concert 'Sing Noel' will be our last concert to be conducted by musical director, Angus Davidson, who is moving to the USA in January with his family. He will be greatly missed and we hope the concert will be a celebration of all that Angus has contributed to the society.

The Concert is in St Mary Magdalene Church, Warboys on Saturday 9 December at 7.30pm. It will include music by Mendelssohn, Purcell, Rutter, Handel and others, as well as well-known carols for all to join in. The soprano soloist is local girl, Laura Hobbs. Many will remember Laura's lovely contribution as soprano soloist in our 25th Anniversary production of Handel's 'Messiah' last April.

Tickets for the concert are limited and are available from **School Plus**, **Ramsey** or **Warboys Newsagents** or by ringing **813562**. Tickets cost £10 in advance, £12 at the door including refreshments.

Pat Sutton (Chair)

UPWOOD AND RAVELEY COMMUNITY ALLOTMENT ASSOCIATION

ALLOTMENT NEWS - ALL QUIET ON THE ALLOTMENT FRONT

Strolling through the allotments on a sunny but decidedly chilly autumn day, I noted that the season was continuing to change as November progressed. The plants showed more muted colours and the trees in the orchard had generally shed most of their leaves after the strong northerly

blasts of recent days. The formerly beautiful 'paintbox' hues of leaves are now scattered on the ground, crunching underfoot. All is quiet and still.

Most of the allotments have been dug over to rest over winter. Organic material, both manure and bark, have been spread to add nutrients and bulk to the soil. Leeks are still flourishing and cabbages have been protected with netting. More delicate plants have been covered with material owing to recent frosts. It was interesting to see that the grey forlorn appearance of straggling sunflowers heads still offered some food for the birds.

It's time to rest and reflect on which plants grew well and which didn't. Then, one can bury one's head in a seed and plant catalogue in front of a roaring fire and plan to start again with better results next year!

Lesley Owen

UPWOOD CRICKET CLUB



Upwood Cricket Club held their Annual General Meeting on Friday 13 October 2017 at 7-30pm in the pavilion. It was well attended and marked the end of a very successful and packed season. The Chairman's report highlighted how much the club has progressed in recent years, especially with the junior section, facilities and the social side of the club. All positions on the committee were filled

easily except, unfortunately, the position of secretary. At the time of writing the club are actively looking for someone to fill this role, which does not require any cricketing knowledge. Hopefully someone will be in place for the New Year.



It was with some shock and dismay that the club learnt that one of its stalwart supporters Tracy Short was diagnosed with breast cancer right at the end of season. Tracy's proactive response was to organise a "Pink Party" (pictured left) to raise money for cancer charities. The event was held on Saturday 21 October in the clubhouse. The

response from everyone inside and outside the club was magnificent with over 100 people in attendance throughout the afternoon. In total, an extremely pleasing sum of £1150 was raised. Tracy and Jason would like to say special thanks to everyone that supported the event through donations of cakes, prizes and money and also to the club for hosting it.

The 1st team finished a commendable but disappointing 3rd in the Hunts League Division 3 and thus were one place below being promoted. However, it was with some surprise and delight we learnt that due to league restructuring we will in fact be playing Hunts League Division 2 next summer! This is extremely exciting news and although the opposition next year will be more of a test than this year, the players and committee are greatly looking forward to the challenge. We already have some fine cricketers but would love to see some new faces, as well as past players who want to be part of a forward thinking and driven local club, focussed on cricket and fun for all.

Please contact Neil at **npe.tuffin@gmail.com** or on **07968771138** for more information.

CHANGES TO REFUSE COLLECTION DATES OVER THE CHRISTMAS PERIOD

Generally, all collections are a day later, with the exception of **Monday 25 December** which moves forward to **Saturday 23 December**. The same 'day later' rule applies to New Year collections. Real Christmas trees can be recycled but please cut down your tree to the size of your bin. **N.B**. Household recycling centres are open every day except from 1pm on Christmas Eve, Christmas Day, Boxing Day and New Year's Day.

UPWOOD ST PETER'S CHURCH

Our church is always open during the day and everyone is welcome to attend our services.

The times of services are always displayed on the Church Noticeboard. Every Wednesday there is a short service of morning prayer at 8.30am, lasting around 15 to 20 minutes. Many of us then move down the High Street to the village hall for breakfast. This is open to everyone, not just people attending the service.

We are always happy to receive any suggestions that you wish to share as to how the church can be more relevant to parishioners.

Christmas Services



17 December Carol Service 6pm

24 December Midnight Holy Communion- starts at 11.30pm

25 December Christmas Day Service 9.00am (this will be a very short service)

Christmas Tree Festival in December

The Christmas Tree Festival will be in Upwood St Peter's church on Saturday 16 December from 10am- 4pm.

Stallholders will be tempting you to buy their creations whilst you munch on the festive refreshments. There will be some activities for children, which will be photographed to show in school and also for the "wall of fame" at Huntingdon Wyevale Garden Centre.

The hand-bell team will be playing a few seasonal tunes in the afternoon and you can even try to play yourself!

Every year, we have a great variety of Christmas trees and the ingenuity demonstrated is getting better and better. This is truly a great community effort. I wonder what you will think of the "Wednesday tree". I hope you can come. If you need any more details, email me at annemarie.upwood@btinternet.com or contact me on 812195

Anne-Marie Cracknell



Happy Christmas and Best Wishes for 2018 to all our parishioners.

From the Newsletter committee

11.11.11

On Saturday 11 Nov at 10.45am 25 people gathered at Upwood's War Memorial, which is in St Peter's Church, to remember the fallen of the two World Wars and the Korean War. The curate Becky Dybal led the act of Remembrance and Mr Michael Perkins, a second World War veteran, read the names of those from our Parish who were killed in the different wars. Cornet player, Andrew Salisbury, played the Last Post and Reveille.

I cannot remember this happening in Upwood before. We have always remembered the fallen during the Sunday service on Remembrance Sunday, so it was good to also take the time to pay our respects on 11.11.11 to those who gave their lives that we might live our lives in freedom, as well as during the Sunday Remembrance service.

I know that this happens through-out the country but I did wonder how many people knew that Upwood's War Memorial is in St Peter's Church. Our War Memorial was dedicated in January 1920 and is the mosaic behind the Lady Altar designed by William Glasby. The church is open during daylight hours so do go in to look at it. *Jean Place*

TABLE TENNIS CLUB

The Wednesday afternoon players had their first tournament in November with 9 pairs competing. The winners were Jack Holloway & Ann Pickford with Doug McLeod & Jan Talton the runners-up, (pictured right).



The Gents singles competition was also in November with 17 men fighting for the trophy.



Dennis Halsted and Phil Manning were both trying to win the title for the third time but Roy Holland proved too strong for both players and became the champion with Tim Garton the runner-up (pictured left).

Both Tuesday and Wednesday members are having Christmas parties on the 19 and 20 December respectively, when the

members bring the food and the club provides the drink.

We are closed for the Christmas week and play restarts on Tuesday 2 January 2018. If you would like to try your hand with a bat don't be shy, give it a try! You will be most welcome.

For more information contact me David Williams on **812923** or email **hollyhouse.upwood@tiscali.co.uk**

RAMSEY AND DISTRICT GARDEN CLUB

The November meeting was the AGM when the officers and committee as well as the show sub-committee were elected. The AGM was followed by a talk by Richard Cant on 'National Plant Heritage'. The meeting was closed by our usual tea/coffee and chat, but with biscuits replaced by mince pies.

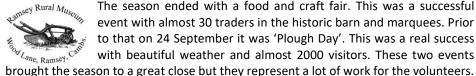
The meeting on January 15 will be a talk given by Barry Gayton on 'Cacti'. He is a specialist in succulents and cacti and we know from experience that he is a wellinformed and entertaining speaker. He also usually has plants for sale. On February 19 the talk is entitled 'Changing the World through Plants' whilst on March 19 it is 'Wimpole, History of the Garden and Restoration' by Philip Whaites. At the moment visits are being planned. One of these will be to a Royal Horticultural Society garden whilst another will be to a garden suggested by members of the Club

The Club is friendly and welcoming and open to anyone interested in gardening or plants at any level. The annual subscription for membership is £10. Visitors to individual meetings are welcomed at a cost of £2 per meeting.

The regular meetings are held in the Ramsey Community Centre at 7.30pm on the third Monday of most months.

For further information please contact Ian Gaunt 710702; ian.gaunt@care4free.net.

RAMSEY RURAL MUSEUM



The season ended with a food and craft fair. This was a successful event with almost 30 traders in the historic barn and marguees. Prior to that on 24 September it was 'Plough Day'. This was a real success with beautiful weather and almost 2000 visitors. These two events

After these events the museum closed to the public until next Easter but the volunteers will be very busy during the winter months protecting exhibits from the winter weather and cleaning and repairing a wide variety of items as well as the buildings themselves. All of this is carried out by a friendly group of volunteers (it is said between tea/coffee breaks) who are always pleased to welcome new volunteers. If you think that you would like to join us please contact me. We were delighted when one of our volunteers was given an award by the Hunts Forum for Volunteers. This recognised an outstanding

If you would like any more information about the museum or to investigate volunteering please come along on a Thursday (10.00am to 16.00pm) or give me a call: Ian Gaunt 710702; ian.gaunt@care4free.net. Ian Gaunt

contribution that he made to the museum over the last year.

FIBRE BROADBAND UPDATE FOR GREAT RAVELEY

Fibre broadband is now available in Great Raveley, which means residents will be able to upgrade to superfast speeds – bringing all the benefits of fast Internet access for work, leisure and learning.

Fibre To The Premise (FTTP), is a fibre optic cable which runs all the way directly to your home or business from the exchange; it is a future-proofed technology, which can support superfast speeds up to 330Mb p/s.

But it's not automatic – you need to check with your Internet Service Provider (ISP) or use a broadband comparison website to see if you can upgrade to a fibre broadband package. However, as this is a relatively new technology not all service providers offer FTTP services yet. BT and Zen are currently the only ISPs offering FTTP services to Great Raveley, although other providers are expected to come on stream in the future.

Residents who choose not to upgrade to fibre broadband will continue to receive their telephone and slower ADSL broadband services via the existing copper lines. There is no requirement to move over to the new FTTP service, and if all you do is send and receive emails with a little web browsing, remaining with your current service provider should suffice.

You can find more information about FTTP and your broadband options on the provider's websites. **Trevor Brown on 711541** may be able to answer some of your questions as he has picked up information on FTTP from various sources.

A word of caution though, be aware that retaining your current landline number is not an automatic process and this should be considered if moving to FTTP.

UPWOOD AND THE RAVELEYS HISTORY GROUP

Mike Petty was the highly informative and entertaining speaker at our November meeting. He kept his audience's attention using the successful mix of a dry sense of humour, relevant photographs and interesting facts. Who knew before the talk that guided bus tracks were laid down in Cambridge long before the new busway was even dreamt about – probably only Mike!

Our next meeting is on Wednesday 17 January when Chris Carr will be telling us all about 'Boudicca – the creation of two empires'. Our AGM will be held on Wednesday 21 March followed by a talk by our chairman, Andrew Bilverstone, entitled 'The Gulf War from my hotel room'.

Visitors are always welcome to this friendly group. Entrance costs £3 and includes refreshments. Why not come along and find out how interesting history really can be or contact Andrew on **812447**.

STAY WELL THIS WINTER

Winter weather can be seriously bad for our health. Being cold can aggravate existing conditions and raise the risk of increased blood pressure, heart attacks and strokes. However, there are lots of things you can do to stay well this winter.

- **Get expert advice from your pharmacist.** If you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious. Seek advice on the best treatment from your local pharmacist.
- Make sure you get your free flu jab. Flu is highly contagious and can cause serious complications for at risk groups. Adults over 65; those with long-term health conditions; children aged two to eight; carers and pregnant women may all be eligible for a free flu vaccination ask your GP practice today.
- Stock up your medicine cabinet. A well-stocked medicine cabinet can help you treat common winter ailments such as coughs, colds, sore throats and sickness bugs at home and will save you going out if you feel unwell. Ask your pharmacist about essential medicines to keep at home.
- · **Keep warm**. Keeping warm, both inside and outdoors, over the winter months can help to prevent colds, flu and more serious health problems such as heart attacks, strokes, pneumonia and depression.
- **Get the right help.** Make sure you're receiving all the help you are entitled to. Learn how to make your home more energy efficient and take advantage of financial schemes to keep up with energy bills.

Visit www.nhs.uk/Livewell/winterhealth/Pages/KeepWarmKeepWell for details. For further information on staying well this winter visit www.nhs.uk/staywell

BETTER INFORMATION FOR DISABLED PEOPLE

Health and care services are not always offering people with sensory and learning disabilities information in a format they can understand. The law says that they must do this.

Healthwatch Cambridgeshire and Peterborough are launching 'Accessible Information as Standard' - a new report that calls for better access to services for people with learning disabilities and sensory impairments.

The Accessible Information Standard came into effect from 1 August 2016 and is a legal requirement. Healthwatch spoke to more than 180 disabled people locally about their experiences in the last year, and found that many were not getting information in a way they could read or understand.

Make sure that you get the service you deserve and don't accept anything else!

WHO'S WHO IN THE VILLAGES

Organisation	Contact	Telephone
Art Group	Frances Ashfield	711411
Book Lovers Group	Julia Evans	711388
Community Bus Co-ordinator	Dave Blandford	711330
Community Navigators	Beatrice Brown	01480 423065
County Councillor	Michael Tew	tew180@gmail.com
Cricket Club	Neil Tuffin	812924
Cross Keys PH	Steve May	813384
Cross Keys Golf Society	Howard Smith	813384
District Councillor (Chair of Parish Council)	Robin Howe	814393
HACT: Community Bus		01480 411114
History Group	Andrew Bilverstone	812447
High Street Hedgehogs	Jean Noble	814356
Home to Home	Josie Gaunt	710702
Meet and Munch	Jan Howe	814393
Parish Clerk	Carol Bilverstone	812447
Ramsey Bridge Club	Paddy Slater	812006
Ramsey Camera Club	Trevor Brown	711541
Ramsey Choral Society	June Green	813562
Ramsey & District Garden Club	lan Gaunt	710702
Ramsey Rural Museum	lan Guant	710702
Ramsey Tennis Club	Jonny Wicks	07724 152382
Small to Tall (Upwood School Clubs)	Angie Dean	802086
St Peter's Church Matters	Jean Place	813742
St Peter's Handbells	Ann-Marie Cracknell	812195
Table Tennis Club	David Williams	812923
U3A	Enid Hubbard	tandehubbard@tiscali.co.uk
Upwood Business Association	Frances Ashfield	711411
Upwood Community Orchard	Liz Carter	813008
Upwood Quilters	Margaret Jones	814031
Upwood & Raveley Community Allotments	Liz Carter	813008
Upwood and Raveley Community Archive	Judith Harvey	710219
Upwood School PTA	Holly Piaggesi	holly321@live.co.uk
UVH Performing Arts Events / [act] Shows	Doug McLeod	814114
Village Hall Hire	Bob Child	815475
W.E.A	Liz Carter	813008

The editors are diligent but regret that they cannot accept responsibility for any inaccuracies or omissions
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The Newsletter can also be viewed and downloaded online: www.upwood.org

